

A Coordinated Community Plan for the Sacramento Continuum of Care

Youth Homeless Demonstration Project Round 6

Table of Contents

- Statement From the Youth Action Board
- Vision, Values, Principles
- Statement of Need
- Goals, Objectives, and Action Steps
- Sacramento YHDP Planning Process
- Acronyms
- Project Descriptions
- YAB Governance
- Stakeholders
- Best Practices

Statement From the Youth Action Board

The Youth Action Board is proud to share our full support of the Coordinated Community Plan. We have thoughtfully developed this plan with the real needs of the community at its core. We believe this plan is not only well constructed, but will drive meaningful and lasting change.

This plan marks an important step forward in our community's steadfast mission to addressing the complex challenges faced by unhoused youth and young adults. Through shared goals and a unified approach, it brings together partners from across sectors to share their expertise, bridge gaps in support, and build realistic, sustainable solutions.

The YAB has spent significant time and care shaping this plan. We are confident it will bring us closer to a stronger, more responsive system. We look forward to continuing to work alongside our community in implementing, strengthening, and monitoring the efforts outlined in the Coordinated Community Plan.

In Community, Sacramento Youth Action Board Members

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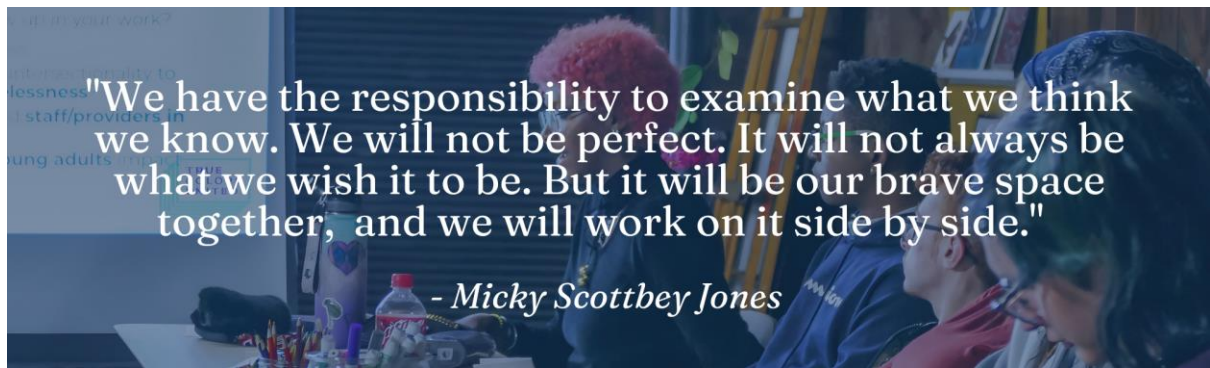
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Vision, Values, and Principles

Vision

Our vision for Sacramento's youth and young adults experiencing homelessness is to ensure that it is rare, brief, and one-time. That youth and young adults are given the choice of programs and services that meet their needs.

Values and Principles

- **Transparency:** We value open and honest communication and strive to be transparent in all our actions and decisions.
- **Communication:** We recognize the importance of effective communication and commit to fostering an environment of clear and respectful communication.
- **Courage:** We are committed to taking bold and principled actions, regardless of difficulty or adversity.
- **Accountability:** We take responsibility for our actions and decisions and hold ourselves and others accountable for meeting our commitments.
- **Intent:** We approach all our actions with the best of intentions, acting with integrity and honesty.
- **Leadership:** We lead by example and strive to inspire and empower others to achieve their full potential.
- **Consistency:** We believe in maintaining a consistent and reliable approach to our work, applying consistency in our actions and decisions.

- **Vulnerability:** We recognize the value of being vulnerable and open with others, constantly working to create a safe and supportive environment for sharing and learning.
- **Trust:** We believe in building and maintaining trust with others, and strive to act in ways that are trustworthy and dependable.

Statement of Need

Housing:

Within the Sacramento CoC, YYA exhibit a wide array of housing needs, many of which arise from the absence of housing alternatives specifically tailored to their unique needs. A significant concern highlighted by YYA and stakeholders pertains to the limited availability of long-term housing options. The ensuing summary delineates the identified housing needs:

- The Transitional Housing to Rapid Re-Housing Joint Component is recognized as a valuable resource that can bridge the gap, providing crisis housing that seamlessly transitions into a permanent housing option.
- YYA and stakeholders have noted a scarcity of crisis housing options throughout the region for youth, most shelters have waitlists. While emergency shelters are in existence, youth often exhibit reluctance in utilizing adult shelters due to perceived and/or actual inadequacies in terms of youth-friendliness and the absence of a low-barrier approach in many CoC shelters.
- Securing crisis housing or shelter options for youth under 18 has proven particularly challenging due to age restrictions. Sacramento currently possesses only one shelter dedicated to unaccompanied youth under 18.
- To adequately address the housing needs of YYA, it is crucial to augment the number of available housing resources. This necessitates the development of affordable housing options specially tailored for YYA , while also considering the unique requirements of youth under 18 and pregnant or parenting individuals.
- Facilitating the accessibility and streamlining the housing options is paramount in meeting the needs of YYA. This entails eliminating barriers such as waitlists, which

can prolong the process of obtaining housing and render YYA without stable accommodations. Simplifying the paperwork requirements associated with housing applications can alleviate the burdensome nature of the process, particularly for young individuals who may encounter additional challenges in navigating bureaucratic procedures.

- YYA have identified that non-congregate housing options are vital for their autonomy, while also ensuring availability of congregate housing options for those wanting that option.

Education and Employment:

Education and employment have emerged as critical priorities for YYA and stakeholders, constituting a fundamental pillar of the CoC's endeavor to establish a comprehensive system capable of addressing the needs of young individuals who are at risk of or currently experiencing homelessness.

- Providing YYA with a comprehensive understanding of the diverse educational pathways leading to a high school diploma or equivalent is essential. This knowledge empowers YYA to make informed decisions and select the educational option that best aligns with their individual needs and goals.
- When addressing the educational needs of YYA, it is imperative to prioritize options characterized by flexibility, low-barriers, accessibility, and affordability. Flexibility in educational choices allows YYA to customize their learning experience to accommodate their unique circumstances, such as work schedules, family responsibilities, or housing instability.
- Offering a low-barrier and accessible pathway to a trade career holds paramount importance in inspiring YYA with practical skills and viable employment prospects.
- Paid internships and apprenticeships play a vital role in providing YYA with valuable hands-on experience and practical skills in their desired fields. These opportunities enhance their employability and provide a pathway to gainful employment by establishing connections with employers and industry professionals.
- Offer targeted career guidance and exposing YYA to different career pathways, they can gain a better understanding of the options available to them and make informed decisions about their future.

- It is important to ensure that YYA have knowledge of and access to existing resources, such as job boards, training programs, and support services. By facilitating access to these resources, YYA can more effectively navigate the job market and seek opportunities that align with their skills and interests.
- Additionally, accessible and affordable childcare is essential to support the employment aspirations of YYA who may be parents or caregivers. By removing barriers related to childcare, such as providing subsidized or on-site childcare services, YYA can confidently pursue their career goals knowing that their children are well-cared for and nurtured in a safe environment.

Social and Emotional Wellbeing:

Acknowledging that safe, secure, affordable, and sustainable housing functions as the foundation for YYA confronting homelessness or housing instability, it is equally imperative to facilitate their access to comprehensive support services and community resources. This access plays a pivotal role in empowering YYA to actualize their envisioned future. Recognizing the criticality of this facet, the CoC embarked on endeavors to attain a profound comprehension of the needs of YYA pertaining to factors that impact their social and emotional well-being.

- To cater to the wide needs of YYA, it is important to offer a range of services and supports that are both clinically focused for those with the highest needs and less clinical and low barrier for others. Clinically focused services can provide intensive therapeutic interventions and mental health support for YYA who require specialized care. On the other hand, incorporating non-clinical options such as safe spaces for open conversations about feelings, emotions, and experiences, as well as support groups to discuss trauma, can offer YYA additional avenues for healing and connection.
- By ensuring that social and emotional supports are non-judgmental, trauma-informed, timely, and easy to access, YYA experiencing homelessness can receive the comprehensive care they need to address their emotional well-being and develop resilience in the face of adversity.
- Chosen family refers to the close bonds formed with individuals who are not related by blood, but are considered family due to strong connections, support, and love.

These relationships provide a sense of belonging, acceptance, and emotional support, creating a safe and nurturing space to be YYA's authentic self. Chosen family celebrates the power of deep connections beyond traditional family structures.

- Connections to the community are vital for YYA experiencing homelessness. They provide a sense of belonging, support, and access to resources. Community connections offer mentorship, employment, and social integration opportunities, contributing to their overall well-being and future success.

Table 1 - YYA at-risk and experiencing homelessness

Youth and Young Adults at-risk of homelessness	1,632 (211)
Youth and Young Adults experiencing homelessness	3,699 (CA Homeless Youth Dashboard)

Table 4

	Varying Data Sources
At-risk pregnant or parenting youth	277 (Using the PIT % of pregnant or parenting youth multiplied by the 211 on at-risk youth)
Pregnant or parenting youth experiencing homeless	108 (2022 Point in Time Count)

Youth involved with Juvenile Justice	1,701 (OJJPD and PIT)
Youth involved with child welfare	Data needed here
Victims of sex trafficking and exploitation	1,698 (Weave)
Minors (young people under the age of 18)	2,855 (CA Homeless Youth Dashboard)

Special Populations

Minor and Foster Care Youth

Youth who have been involved in foster care face a significant risk of homelessness. According to the National Foster Youth Institute, 20% of youth who have experienced the foster care system become homeless at the age of 18 due to a lack of social, familial, and financial support. While in California we have Extended Foster Care (AB 12), many youth are unfamiliar with the system or lack confidence in the system to help them.

- Connections to a wide variety of educational programs
- Increased on-campus support for YYA in k-12
- Expand employment support for minor youth and youth in foster care
- Life skills support: budgeting, healthy relationships, independent living, and time management

Survivors of Violence

YYA who are survivors of violence, including domestic violence, sexual assault, and trafficking, are at an elevated risk of facing housing instability and homelessness. Valuable input from both adult and youth stakeholders highlights some of their needs.

- Housing options specifically tailored to support YYA survivors of violence.
- Trauma-informed programs, recognizing the unique needs and experiences of survivors, and offer the necessary time and support to help them regain stability in their lives.
- Trauma-informed handoffs between organizations for additional support to ensure YYA are not retraumatized in the process.

Juvenile Justice

The YHDP team had troubles connecting with the Juvenile Office. We worked with our local education partners to meet with youth at a school for justice involved youth to conduct a survey. Between the survey, YAB, and other stakeholders they came up with the following needs.

- Insufficient availability of mental health services within school systems and the community results in a lack of necessary care to address escalating behaviors that often lead to unnecessary involvement with the Juvenile Justice system.
- Some youth cannot return home due to family circumstances or the nature of their charges.
- Inadequate coordination among systems serving youth leads to a lack of case conferencing and collaborative decision-making regarding the best steps for youth in the Juvenile Justice system.
- More intentional efforts to work with local juvenile justice systems.

Goals, Objectives, and Action Steps

Housing

Goals	Objectives and Action Steps	Responsible Partners
All youth who experience homelessness have access to a continuum of safe and supportive housing options and any needed wraparound/supportive services.	<p>Objective: Expand the development of and access to needed/prioritized homeless assistance projects throughout the CoC.</p> <ul style="list-style-type: none"> • Action step: Implement YHDP prioritized/funded projects • Action step: Seek funding to fulfill CCP goals • Action step: Implement non-YHDP funded projects through alternative funding streams. • Action Step: Explore other partnerships for housing – with colleges/universities; with businesses (mixed income properties); inquire about leasing former barracks at McClellan Air Force Base for dorms (ARC) 	SSF
	<p>Objective: Increase YYA access to all homeless assistance projects, beyond those that are youth-dedicated.</p> <ul style="list-style-type: none"> • Action Step: Work with YAB to create & define best practices and educate homeless assistance projects on how to best serve YYA. 	SSF YAB

	<p>Objective: Identify resources to expand access to affordable housing for YYA.</p> <ul style="list-style-type: none"> • Action step: Create a more youth-friendly process for accessing the many vouchers that are available in Sacramento, since there are not processes in place for it to move quickly for YYA. • Action Step: Fund case management to take advantage of voucher pilots targeting YYA in Sacramento. • Action Step: Create a roommate matching process for youth with vouchers or limited income to access housing. 	<p>SSF YAB</p>
	<p>Objective: Work to create transformational relationships between housing providers and housing authorities that will benefit the YYA being served in our community.</p> <ul style="list-style-type: none"> • Action Step: Work with YAB and providers to identify problematic systems and process that are creating unnecessary barriers within the housing system and housing authority in an effort to promote systems change. 	<p>SSF</p>
	<p>Objective: Build a performance tool that aligns with the lived experience of youth and young adults.</p> <ul style="list-style-type: none"> • Action step: Research other youth inclusive tools • Action step: Work with YAB to develop 	<p>SSF YAB</p>

	<p>the tool</p> <ul style="list-style-type: none"> • Action step: Include termination and exit information in review of project performance • Action step: Perform an initial review with the PRC Committee • Action step: Pilot the tool with a small group of programs • Action step: Set up a process for continuous review and refinement of the tool • Action step: Full implementation of the tool • Action step: Yearly evaluation of the tool 	
Timeframe	Long term	
Work to ensure transparency in policies & processes for youth-serving programs.	<p>Objective: Work with YAB to create policies.</p> <ul style="list-style-type: none"> • Action step: Termination policy (negative exit) • Action step: Housing First • Action step: Transition policy (positive exit) • Action step: Program standards • Action step: Trauma informed intake • Action step: Required trainings • Action step: Trauma informed response to DV • Action step: Case conference requirement policy • Action Step: Create standards & polices for YYA who chose to live in roommate 	<p>SSF YAB</p>

	<p>situations</p> <ul style="list-style-type: none"> • Action Step: Create policies that protect pregnant & parenting YYA 	
	<p>Objective: Build out a system for YAB to approve job descriptions and collaborate in the hiring process</p> <ul style="list-style-type: none"> • Action step: Work with YAB to develop job description template for funded projects • Action step: Send template to funded projects • Action step: YAB approves final job descriptions • Action Step: YAB works with funded agencies to be leaders in the interviewing and hiring process for staff working in the funded projects • Action Step: YAB works to develop interview questions and applicant scoring tool for funded agencies to use in hiring process 	<p>SSF YAB</p>
Timeframe	Short term	

Prevention and Intervention

Goals	Objectives and Action Steps	Responsible Partners
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<p>Strengthen cross-systems partnerships to enhance the identification of youth experiencing or at risk of homelessness, reduce barriers to services, and increase resources across the CoC.</p>	<p>Objective: Increase collaboration between Child Welfare and providers supporting unaccompanied youth and schools.</p> <ul style="list-style-type: none"> • Action Step: Explore the legality of placements and supports for someone with a child. • Action Step: Designate a person who focuses on minors and coordinates with all systems who assist minors. 	<p>SSF</p>
	<p>Objective: Increase coordination between agencies to ensure consistent and ongoing support for youth to stay housed.</p> <ul style="list-style-type: none"> • Action Step: YYA will create warm handoff processes and procedures for all YHDP funded organizations. • Action Steps: The warm handoff processes will be adopted by other youth serving systems. • Action Step: All YHDP funded organizations will create transition plans and/or exit plans with the YYA they are serving at least 60 days in advance. • Action Step: All youth serving systems will collaborate to ensure smooth transitions and/or 	<p>SSF</p>

	exits from programs.	
	Objective: To collaborate and learn from school districts on early identification of YYA who are experiencing housing instability, behavioral health and other identified barriers.	SSF YAB
Timeframe	Medium term	
Goal: All youth who experience homelessness/housing instability have access to timely client-centered, and affordable or free services that support health and well-being.	Objective: Ensure youth and young adults have time to heal and re-learn how to live a healthy life -- short term programs create a hopeless mindset which makes healing and progress harder.	SSF
	Objective: Create transparent processes that allow for open communication with YYA in programs.	SSF YAB
Timeframe	Medium term	
Goal: Build out and scale existing prevention and intervention programs to	Objective: Hire dedicated staff to help YYA navigate the multiple youth systems.	SSF YAB

address systems gaps and services.	<ul style="list-style-type: none"> • Action Step: Hire youth and folks with lived experience as peer mentors. • Action Step: Expand YAB and/or build a club that will create opportunities for YAB and/or YYA in programs to build permanent connections and engage in their communities. 	
	<p>Objective: Create P&I stations at mobile sites that offer respite and drop-in centers.</p>	SSF YAB
	<p>Objective: Create a dedicated SHRA staff position, ideally a staffed presence once a week OR a direct line to a super responsive person AND expedited inspections and RFTAs to ensure the success of the youth voucher pilots.</p> <ul style="list-style-type: none"> • Action Step: Work with SHRA to create a more youth-friendly/client-centered RFTA and inspection process timeline. 	
	<p>Objective: Have a flexible fund that can be used for prevention/diversion.</p> <ul style="list-style-type: none"> • Action Step: Create/ build out an RRH program for folks already 	

	<p>housed.</p> <ul style="list-style-type: none"> • Action Step: Create/ build out hotel vouchers to bridge to housing placements. 	
	<p>Objective: Build out shared living initiatives with services.</p> <ul style="list-style-type: none"> • Action Step: Create roommate matching supports. • Action Step: Support agencies in master leasing spaces to eliminate barriers in getting approved for housing. 	
Timeframe	Medium term	

Supportive Services

Goals	Objectives and Action Steps	Responsible Partners
All systems provide trauma-informed services to youth and young adults. All youth are connected to stable, caring, positive individuals that can	<p>Objective: Provide, encourage, and in some cases require training for youth housing and service providers to ensure an effective youth system.</p> <ul style="list-style-type: none"> • Action Step: Create a training plan for YHDP-funded programs 	SSF

<p>guide and support them as they transition to adulthood.</p>	<p>and other youth-serving agencies and systems.</p> <ul style="list-style-type: none"> • Action Step: Work with YAB to determine which topics they want to present/co-present on. • Action Step: Ask YAB to review/edit/approve training content for all training. • Action Step: Training topics to include: <ul style="list-style-type: none"> ○ Identifying and responding to youth who might be experiencing homelessness or dealing with substance use issues (for school staff and counselors). ○ Ensuring that services are focused on the whole person and are youth centered (for program staff). ○ Information about available programs for staff at agencies that aren't normal homeless service agencies. ○ Required trainings for YHDP-funded agencies: Positive Youth Development, Motivational Interviewing, De-escalation, Harm Reduction, Trauma-Informed Care. 	
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	<p>Objective: Create standards for all HUD CoC-funded (including YHDP) programs that serve youth to be YAB-certified as trauma informed and youth centered by the YAB.</p> <ul style="list-style-type: none"> • Action Step: Support YAB in creating training on this, and in creating a “report card” for agencies. • Action Step: Start with YHDP-funded programs, expand out to CoC-funded, then expand out to other programs not funded by HUD. When possible, branch out to substance use programs, prevention/ intervention programs. 	SSF YAB
Timeframe	Short term	
Create centralized access to all housing and services information and/or a connection to all different resources, using user-friendly ways of accessing existing services that YYA are more likely to use (app, phone, live chat option, etc.), and include a	<p>Objective: Research which options would be the best fit and reach out to partners (People’s Guide, WIN app). Ensure staff/ live experts are on the other side of the app to facilitate a warm handoff to services/ housing.</p> <ul style="list-style-type: none"> • Action step: Pull together all the partners to brainstorm what this would be (211, People’s guide (SRCEH), SSF, WIN, Mason, 	SSF

diversity of options.	<p>Grace).</p> <ul style="list-style-type: none"> • Action Step: Research what (if anything) can be funded by MediCal (the support person on the other side) - the beginning of these conversations start at the county. • Action Step: Fund the peer person/ staff person through YHDP. • Action Step: Provide information in different languages. 	
Timeframe	Medium term	
Increase capacity of behavioral health/ mental health/ substance use treatment and services.	<p>Objective: Hire and cross train peer support staff, case managers, navigators, clinicians, and licensed clinicians to be able to identify, assess, and provide mental health and substance use treatment (or refer to appropriate programs).</p> <ul style="list-style-type: none"> • Action Step: Include funded positions in YHDP-funded projects. 	<p>SSF YAB</p>
	<p>Objective: Incorporate a full range of behavioral health, mental health and substance use disorder services and counselors/clinicians on site at any newly funded YHDP programs and</p>	<p>SSF</p>

	<p>future-funded shelters or drop in centers.</p> <ul style="list-style-type: none"> • Action Step: Include funds in YHDP-funded projects. 	
	<p>Objective: Increase availability of harm reduction services, including safe needle exchange.</p> <ul style="list-style-type: none"> • Action Step: Ask YAB if they want to take this as a focus area. 	SSF
	<p>Objective: Advocate for de-stigmatizing of behavioral health issues.</p> <ul style="list-style-type: none"> • Action Step: Ask YAB if they want to take this as a focus area. • Action Step: YAB will be helping to create written standards for YHDP funded programs that de-stigmatize BH issues. 	SSF YAB
	<p>Objective: Advocate for not drug testing for entry level jobs; “employment first”</p> <ul style="list-style-type: none"> • Action Step: Include requirements in funded positions in YHDP-funded projects. 	SSF YAB
Timeframe	Long term	

Create access to positive recreation and community-based youth development opportunities for youth who are experiencing homelessness.	Objective: Replicate Creation District model in other agencies with other focus areas. <ul style="list-style-type: none"> • Action Step: Ask YAB to prioritize - what would they want to see? If there's something that is a priority, support YAB in reaching out to agencies, parks and rec, other agencies, who might be a good fit. Ideas: Animal care? Dungeons and Dragons? Coding? Meditation and yoga? 	SSF YAB
Timeframe	Short term	

Community Accountability

Goals	Objectives and Action Steps	Responsible Partners
Provide ongoing training and educational opportunities that are free and open to the entire community.	Objective: Identify and evaluate the tools and processes we use and determine how they can be changed to better our equity goals.	SSF
Timeframe	Short term	

Expand language accessibility in youth-serving programs.	<p>Objective: Adapt the national Culturally and Linguistically Appropriate Services (CLAS) Standards to provide guidance to the homelessness sector, and provide training on how to implement the standards.</p> <ul style="list-style-type: none"> • Action Step: Translate all necessary information and documentation into multiple languages. • Action Step: Train service providers on navigating access to translated forms and delivering assessments. • Action Step: Ensure that all newly implemented tools and documents are offered in multiple languages, including the languages identified by SSF as the most prevalent in the system. 	SSF
	<p>Objective: Aim to hire staff to speak the languages that are being used.</p>	Providers
Timeframe	Short term	
Among Sacramento's homelessness service providers, encourage intentionally hiring	<p>Objective: Create more specific/evident pathways between peer/mentorship positions and other</p>	SSF Providers

individuals with lived expertise at all levels, with a special focus at management level.	positions at agencies. <ul style="list-style-type: none"> • Action Step: Start at YHDP-funded agencies first and expand to other agencies. 	
Timeframe	Short term	

Youth Engagement

Goals	Objectives and Action Steps	Responsible Partners
Encourage innovation, system change, and sustainability within the community that is youth-driven and aligned with the goals of the Coordinated Community Plan to end youth homelessness.	<p>Objective: The Youth Action Board is sufficiently developed, resourced, and supported to provide ongoing, meaningful, and direct input on system planning and implementation.</p> <ul style="list-style-type: none"> • Action Step: Include a requirement that 2.5% of each YHDP grant (or 25% of the Admin amount) be used to fund YAB stipends and support staff. Request an MOU with SSF committing to this. • Action Step: Commit to using 50% of the increased amount of Planning Grant on YAB stipends and staff. The CoC Planning Grant will increase when the YHDP- 	SSF

	<p>funded projects roll into the CoC renewal process. Request an MOU with SSF committing to this.</p> <ul style="list-style-type: none"> • Action Step: Request that the CoC Board and SSF determine how to fund remaining amounts (if any). 	
Timeframe	Short term	
Ensure that youth voice and expertise is at the center of assessing, planning and implementing strategies to end youth homelessness.	<p>Objective: Support YAB both personally and professionally as they continue to support systems change throughout the CoC.</p> <ul style="list-style-type: none"> • Action Step: Provide regular training on power sharing and creating spaces for enhanced collaboration with individuals who have lived experience with homelessness. 	SSF
	<p>Objective: Implement a youth-led Continuous Quality Improvement (CQI) process.</p> <ul style="list-style-type: none"> • Action Step: Meet with the YAB to develop a CQI process, which will incorporate: evaluation of project-level outcomes, including data quality and client feedback surveys. • Action Step: Create a survey for youth exiting homeless assistance 	SSF YAB

	<p>projects that assess the project's strengths and gaps.</p> <ul style="list-style-type: none"> • Action Step: The Board will enforce the recommendations of the YAB through their Continuous Quality Improvement (CQI) process. 	
Timeframe	Short term	
Evaluate current funded projects for effectiveness.	<p>Objective: Develop a tool to measure effectiveness</p> <p>Objective: Pilot the tool in Sacramento</p>	SSF YAB
Timeframe	Medium term	

Education and Employment

Goals	Objectives and Action Steps	Responsible Partners
Increase connections to employment and education programs that support living wage jobs for YYA.	<p>Objective: The Homeless Youth Task Force (HYTF) will meet at least 4x per year to support the implementation of the education and employment strategies.</p>	Education partners

	<p>Objective: Create a system for information sharing in Google Drive:</p> <ul style="list-style-type: none"> • All presentations during HYTF will be shared, • Partners provide educational mentorships, • Success stories from agencies and YYA with consent. 	Education partners
	<p>Objective: Providers will present/share system information with the group so knowledge can be shared.</p>	Education partners
	<p>Objective: Expand and recruit new partners from education and employment systems. New partners will be invited to HYTF.</p>	Education partners
	<p>Objective: Have a Summit/Resource Fair. YYA led with system engagement.</p>	Education partners
Timeframe	Short term	
Improve existing and develop new education and employment supports for YYA in K12 and postsecondary education.	<p>Objective: Identify and reach out to community agencies not involved in existing training and educate about resources.</p> <p>Objective: Engage and support basic</p>	Education partners

	needs programs for YYA in K12 and post-secondary.	
Timeframe	Medium term	

Short term = 1 year

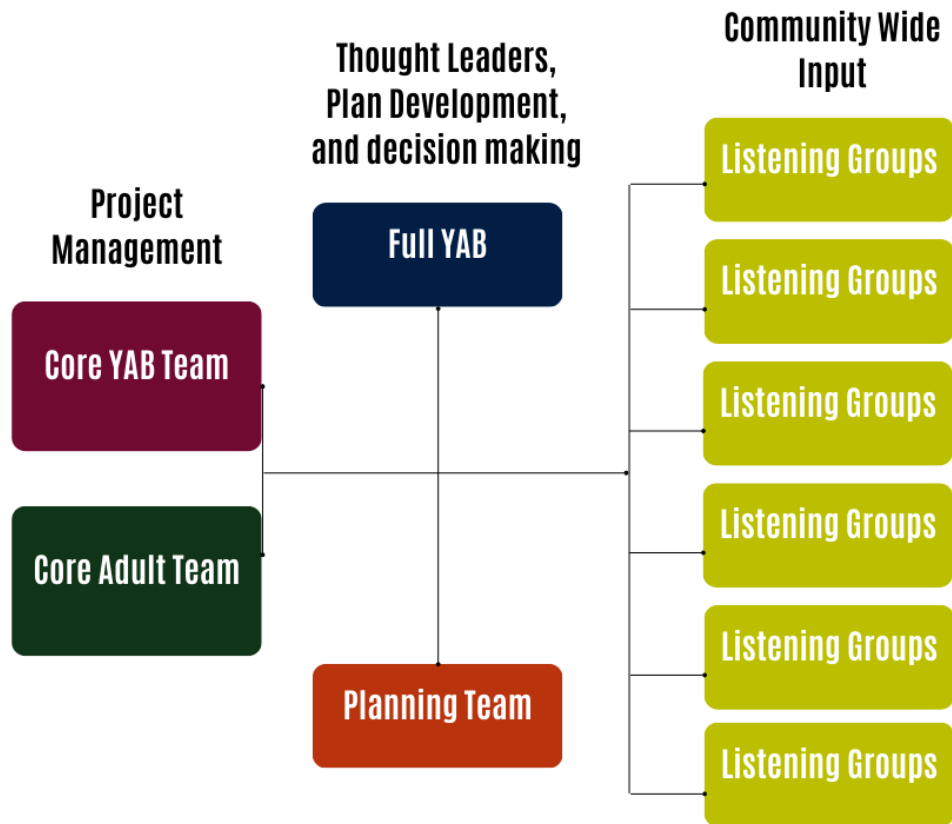
Medium term = 2 years

Long term = 3 years

Sacramento YHDP Planning Process

Sacramento's YAB has always been flexible to ensure youth can participate on their own time and availability, without needing to make long commitments. Once Sacramento received YHDP we identified needing a core group of YYA to help drive this process forward. The YAB and adult partners created an application to apply for the Core YAB Team and twelve (12) members were selected for the team. The Core Adult Team was selected to include YAB representation, community partners, and staff from the lead agency. The Planning Team was made up of community partners representing different parts of Sacramento. We considered things like: area of representation, non-profit size, geographical representation, and more. It was quickly identified that not all organizations and partners would have the capacity to be on one of these teams meaning we needed a one-time opportunity to give feedback on the development of our CCP, this is where listening groups were brought in to provide critical feedback on the CCP.

Governance Structure



CORE YAB

Purpose:
Drivers of YHDP content creation.

Attendees:
12 dedicated youth working on YHDP.

Meeting times:
Weekly - TBD

Meeting contact:
Grace Loescher

CORE ADULT

Purpose:
Set agendas, submit final documents, etc.

Attendees:
Staff from SSF and local youth serving orgs.

Meeting times:
Weekly - Tuesday 2:00 pm

Meeting contact:
Jesse Archer

FULL YAB

Purpose:
Gather a wide range of youth perspective.

Attendees:
No set attendees, youth can come and go when available.

Meeting times:
Weekly - TBD

Meeting contact:
Grace Loescher

PLANNING TEAM

Purpose:
Gather a wide range of adult perspective.

Attendees:
25 adult leaders from different sectors.

Meeting times:
Twice monthly - 1st and 3rd Wed 3-4:30 pm

Meeting contact:
Jesse Archer

LISTENING GROUPS

Purpose:
Community wide input for those that cannot commit to regular meetings.

Attendees:
One adult and YAB lead plus a subset of community.

Meeting times: Times vary
Meeting contact:
Jesse Archer

Titles and Definitions

Full Youth Action Board

The Youth Action Board is an official committee of the Sacramento CoC Board, comprising individuals aged 28 and younger who have personally experienced homelessness. The YAB holds representation on the YHDP Core YAB Team and the project management team for the Youth Homelessness Demonstration Program.

YHDP Core YAB Team

Comprised of twelve (12) members from our Youth Action Board that applied to be part of the YHDP Core YAB Team that was tasked with driving the work locally needed from YHDP.

YHDP Core Adult Team

The YHDP Core Adult Team is a subset of the Homeless Youth Task Force that is comprised of youth providers working in housing, mental health, substance use, and more. The Core Adult Team's purpose is to foster shared power between service providers/funders and youth and young adults with lived experience of homelessness.

Planning Team

Our Planning Team is comprised of dedicated adult members from different sectors of youth services and geographic areas. These members were picked by the Core Team members to ensure a wide range of identities and specialties that make up Sacramento. Planning Team members were also tasked with going back to their areas of expertise to gather additional information.

Listening Groups

Throughout the planning and implementation phases, specialized Listening Groups were established to gather feedback from specific subpopulations identified by the Core Teams. These Listening Groups will help inform all aspects of the YHDP process.

YAB Governance

YAB payment and sustainability

All YAB members are paid \$25 per hour for anything relating to CoC work. Utilizing both Planning Grant and Admin funds, the YAB will be sustained post-initial YHDP investment. The CoC will also seek additional funds when available to further support YAB work.

How does the YAB make decisions?

The YHDP Core YAB Team uses a consensus-based decision-making structure.

For decision-making, the YHDP Core YAB Team asks, “Who likes the proposal?” “Who can live with the proposal?” and “Who has questions about this proposal?” and then provide more information to clarify.

If consensus is not reached, the group will then discuss the questions or concerns that are preventing the item from moving forward. After this discussion, the team will reconvene and take another vote.

This process will repeat itself until a consensus vote is reached.

If a consensus vote is still not reached, then an 85% majority vote will go into effect, and the item can be revisited at a later date to be modified, if necessary.

How is the YAB integrated into the governance structure during the CCP, during project selection, and project implementation/ongoing work?

CCP	YAB will helm the development of all CCP components. SSF will draft sections based on previous meetings and notes. Then YAB will get to review, edit, and give final

	approval.
Review and Rank	There will be a minimum of 5 YAB members and 1 Planning Team member to comprise the Review and Rank committee.
Project implementation/ongoing	YAB will support and drive the implementation, continuous quality improvement, and ongoing work of not just YHDP funding but all youth-related funds, programs, and implementation in the future when under the CoC.

Acronyms

CoC	Continuum of Care
CCP	Coordinated Community Plan
CAS	Coordinated Access System
CES	Coordinated Entry System
EHV	Emergency Housing Vouchers
FUP	Family Unification Program
FYI	Foster Youth to Independence
HMIS	Homeless Management Information System
HUD	Department of Housing and Urban Development
NOFO	Notice of Funding Opportunity
PSH	Permanent Supportive Housing

RFP	Request For Proposal
RRH	Rapid Re-Housing
RHY	Runaway and Homeless Youth
TH	Transitional Housing
TA	Technical Assistance
YAB	Youth Action Board
YHDP	Youth Homelessness Demonstration Program
YYA	Youth and Youth Adults

Project Descriptions

Joint Transitional Housing/ Rapid Rehousing

Summary	Interventions of this type are designed to allow for immediate emergency housing of youth while permanent Rapid Rehousing solutions are obtained. With the absence of sufficient crisis housing/emergency shelter in the CoC, the joint TH-RRH programming is an excellent model to quickly provide crisis housing as needed (through Transitional Housing) while youth are being connected with appropriate permanent housing solutions.
Target Population and number of youth served	TH: Youth under age 24; RRH: Youth aged 18 -24 and 24 youth per year
Project Requirements	<ul style="list-style-type: none">• Proposed projects will have supportive services to meet each individual's needs. This will be provided either through YHDP grant or connection to other services.• Proposed project provides enough rapid re-housing assistance to ensure that at any given time a program participant may move from transitional housing to permanent housing. (This is generally described as having twice as many RRH units available than TH crisis beds).• Projects may serve persons for up to 24 months total in each project component (TH and RRH).• Projects can utilize TH as crisis intervention, in cases of emergency (e.g. safety, lack of emergency shelter resources, etc), but should otherwise follow the Written Standards for

	<p>filling units. When TH is used as emergency housing, youth must be assessed and added to the CES within 24 hours following enrollment.</p> <ul style="list-style-type: none"> • Proposed projects will house 100% of youth through CE for RRH. • Opportunities for shared housing/roommates if desired by youth. • Landlord recruitment, education, and incentives. • Landlord support available 24/7 to respond to issues/crises. • Strong supportive services in both TH and RRH - to mimic TLP approach. • Smaller caseloads for RRH. • Graduated levels of rental assistance. • Includes housing for college students – gap housing for breaks when dorms are closed. • Assistance building or rebuilding community support networks and connection to family if desired by youth.
<p>HUD Homeless Categories & HUD CoC Project Type</p>	<p>Category 1, 2, & 4</p> <p>Joint Transitional Housing - Rapid Rehousing (TH-RRH)</p>
<p>Client/ staff ratio and number of housing units</p>	<p>Projects should have adequate staffing, including case management.</p> <p>1:15 staff to client ratio</p> <p>14 housing units</p>

Budget	\$2,150,000 (Funded by YHDP)
Innovation Opportunities	<p>A joint TH-RRH project could provide support to youth in higher education for gap housing (over winter and/or summer break) and/or year-round housing services.</p> <p>The RRH portion could be in the youth's own apartment or shared housing.</p>

Coaching, Systems Navigation, Outreach Response, and Support Services

Summary	<ul style="list-style-type: none"> Services may be provided through coaching, peer support, outreach, systems navigators and/or a team-based approach, providing a primary point of contact for youth, supporting youth to navigate the homelessness system, and coordinating services as needed. A consistent point of contact that supports and advocates for/with youth as they navigate through systems (housing, education, child welfare, juvenile justice, mental health, etc) within the county. This includes establishing and implementing a long-term housing stabilization plan; building or rebuilding a family (biological or chosen; if desired); and community support networks. Flexible funds available to provide youth, including but not limited to those pursuing education (postsecondary, GED, technical school - their chosen education pathway) and/or job training/workforce development with support.
Target	Youth 24 and under and serve 75-200 per year across multiple

Population and number of youth served	programs.
Project Requirements	<ul style="list-style-type: none"> • Proposed projects will have supportive services to meet each resident's individual needs. This will be provided either through YHDP grant or connection to other services. • Focus is consistency, longevity, and continuity of care. • Staffing includes: <ul style="list-style-type: none"> ○ System Navigators ○ Peer Support staff (paid staff positions) ○ Educational support navigation to be part of the role for each of the systems navigators. Might be that 1 is focused on 0-5, one is focused on K-12 and one is focused on post-secondary. Part of their role would be supporting McKinney-Vento liaisons and college basic needs centers in connecting students to housing as well as connecting youth to education services if desired by youth • Support for youth navigating the gap between TLP/Shelters and Independent Living. • Assistance building or rebuilding community support networks connection to family if desired by youth. • Connection to and funds for substance use support. • Connection to mental health supports. • Education services and employment. • College preparation and readiness supports for students experiencing homelessness or in job training programs. • Technology: laptops and hot spots for students or youth involved in job training programs. • Connection to and monetary support for childcare. • Domestic violence specific support (therapy, workshops, etc.).

HUD Homeless Categories & HUD CoC Project Type	Category 1, 2, & 4 Supportive Services Only (SSO)
Client/ staff ratio	Projects should have adequate staffing, including case management. 1:20-30 staff to client ratio depending on model
Budget	\$1,925,000 (Funded by YHDP)
Innovation Opportunities	Ensure quick identification of youth at-risk of or experiencing homelessness that would not generally be present through the traditional homeless service entry points. Schools, mainstream service providers (e.g., health care, SNAPs, workforce programs, Head Start), law enforcement, and foster care and juvenile justice systems will work with system navigators to connect youth to the coordinated entry system and/or prevention/diversion resources. Training in schools for teachers on identifying youth who may be at risk and connection to this resource.

Diversion

Summary	This program will assist youth at imminent risk of homelessness with financial support and wraparound services. Youth remain connected to support systems, stabilize, and maintain current
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	housing or connect to safe and supportive housing options.
Target Population	Youth 24 and under
Project Requirements	<ul style="list-style-type: none"> • Proposed projects will have supportive services to meet each resident's individual needs. • Applicants will need to identify the staffing model for the delivery of diversion services. Staffing models may include diversion specialists, shelter and street outreach workers, and/or system partners such as school liaisons or child welfare specialists. • Support establishing and implementing a long-term housing stabilization plan. • Funds for rental arrears, deposit/1st & last month rent, and utility deposits. • Funds for short term rental assistance (mostly less than 3 months, but can be more if needed. Youth needing substantially more should be enrolled in a housing program). • Assistance with moving costs. • Life skills and financial literacy. • Connection to mainstream benefits and services. • Assistance building or rebuilding community support networks connection to family if desired by youth. • Housing navigation/ search/housing counseling. • Connection to and funds for legal services. • Funds for transportation (particular eligible costs). • Connection to and funds for substance use support. • Connection to mental health supports. • Tenant rights education or classes. • Funds for credit repair.

HUD Homeless Categories & HUD CoC Project Type	Category 1, 2, & 4 Supportive Services Only (SSO)
Client/ staff ratio	Projects should have adequate staffing, including case management. 1:20-30 staff to client ratio depending on model
Budget	\$1,000,000 (This has been identified as a need but no current funding source)

Rapid Rehousing, including Longer Term Rapid Rehousing

Summary	<p>Programs assist youth experiencing homelessness to find a rental unit and execute a lease between the youth and landlord; financial assistance for rent and utilities; and housing stability services, which may include services such as education, employment, health/mental health services, life skills classes, etc.</p> <p>Rapid Rehousing projects funded through YHDP can provide assistance for up to 36 months.</p>
Target Population	Youth 18-24 and 15-20 youth per year

and number of youth served	
Project Requirements	<ul style="list-style-type: none"> Proposed projects will have supportive services to meet each resident's individual needs. This will be provided either through YHDP grant or connection to other services. Proposed projects will house 100% of youth through Coordinated Entry. Projects may serve persons for up to 36 months. Proposed projects will house 100% of youth through CE. Opportunities for shared housing/roommates if desired by youth Landlord recruitment, education, and incentives <ul style="list-style-type: none"> Landlord support available 24/7 to respond to issues/crises Smaller caseloads for RRH. Graduated levels of rental assistance. Includes housing for college students – gap housing for breaks when dorms are closed. Assistance building or rebuilding community support networks and connection to family if desired by youth.
HUD Homeless Categories & HUD CoC Project Type	<p>Category 1, 2, & 4</p> <p>Rapid Rehousing (RRH)</p>
Client/ staff ratio and	Projects should have adequate staffing, including case

number of housing units	<p>management.</p> <p>1:15-20 staff to client ratio depending on model</p> <p>15 housing units</p>
Budget	\$1,600,000 (YHDP Funded)
Innovation Opportunities	<p>RRH assistance may be provided for up to 36 months.</p> <p>Housing could be in the youth's own apartment or shared housing.</p>

Transitional Housing

Summary	Provides temporary housing with supportive services to youth experiencing homelessness with the goal of interim stability and support to successfully move to and maintain permanent housing. TH projects can cover housing costs and accompanying supportive services for program participants for up to 24 months.
Target Population	Youth age 24 and younger.
Project Requirements	<ul style="list-style-type: none"> Up to 24 months of housing assistance and supportive services, including up to 6 months of aftercare support. Can fund the operations of an owned building or pay the leasing costs between the agency and private landlords. TH can be used in a single building owned and operated by the

	<p>YHDP project recipient and/or leased by the YHDP project recipient. It can also be used for scattered site leasing with private landlords for individual apartments or rooms.</p> <ul style="list-style-type: none"> Proposed projects will have supportive services to meet each individual's needs. This will be provided either through YHDP grant or connection to other services. Proposed projects will house 100% of youth through CE. Strong supportive services - to replicate TLP approach. Assistance building or rebuilding community support networks and connection to family if desired by youth.
HUD Homeless Categories & HUD CoC Project Type	<p>Category 1, 2, & 4</p> <p>Transitional Housing (TH)</p>
Client/ staff ratio and number of housing units	<p>Projects should have adequate staffing, including case management.</p> <p>1:15-20 staff to client ratio depending on model</p> <p>20 units are needed</p>
Budget	<p>\$1,500,000 (This has been identified as a need but no current funding source)</p>

Coordinated Entry	
Summary	The Coordinated Entry system is a no-wrong door system that

	identifies, diverts, assesses, prioritizes, and provides referrals to households experiencing homelessness in the CoC. All YHDP/ESG/CoC-funded projects are required to enroll project participants using the Coordinated Entry prioritized housing list.
Target Population	Youth aged 24 and under.
Project Requirements	Only the CoC's Coordinated Entry Lead Agency is eligible to apply. Staffing will include a staff person who can do warm handoffs once a youth shows they need services through the app (which is being developed).
HUD Homeless Categories & HUD CoC Project Type	Category 1 & 2, 4 Supportive Services Only - Coordinated Entry
Client/ staff ratio	Projects should have adequate staffing, including case management. One FTE for CE and youth programs
Budget	\$220,000 (YHDP Funded)
HMIS	
Summary	The Homeless Management Information System is a local information technology system used to collect client-level data and data on the provision of housing and services to homeless

	individuals and families and persons at risk of homelessness. All YHDP/ESG/CoC-funded projects are required to participate in HMIS.
Target Population	Youth aged 14 and under.
Project Requirements	Only the CoC's HMIS Lead Agency is eligible to apply.
HUD Homeless Categories & HUD CoC Project Type	Category 1 & 2, 4 HMIS
Client/ staff ratio	Projects should have adequate staffing, including case management. One FTE for HMIS and youth programs
Budget	\$220,000 (YHDP Funded)

Stakeholders

Partner	Name and Role	Involvement
Youth Action Board	Sacramento Youth Action Board	Lead decision makers
Public Child Welfare Agencies	Sacramento Department of Child, Family, and Adult Services.	Planning Team member
Continuum of Care and Lead Agency	Sacramento Continuum of Care Board Sacramento Steps Forward	Core Adult Team member
Local and State Governments	The County and City of Sacramento	Planning Team member
Tribal Governments	Wilton Rancheria	Planning Team member
Runaway and Homeless Youth Providers		

Health, Mental Health, and Substance Abuse Agencies	County behavioral health	Planning Team member
Juvenile and Adult Corrections and Probation	County Probation	Planning Team member
HIV Serving Organization		
Public Housing Agency	Sacramento Housing and Redevelopment Agency (SHRA)	Planning Team member
Local and State Educational Agencies	Highland Charter School Sacramento Academic and Vocational Academy (SAVA) Sacramento County Office of Education (SCOE)	Planning Team member
Institutions of Higher Education	California State University Sacramento (CSUS)	Planning Team member
Non-profit Youth Organizations	Lutheran Social Services Sacramento LGBT Community Center	Planning Team members

	Sacramento Youth Center Waking the Village Wind Youth Services	and Core Adult Team members
Other Stakeholders	Bridging Initiatives California Homeless Youth Project Communities Against Sexual Harm Hooked on Fishing not on Violence Paratransit	Planning Team member

Best Practices

Positive Youth Development

All projects will adhere to and implement the principles of Positive Youth Development (PYD). Sacramento recognizes the importance of meaningful youth-adult partnerships in which youth and young adults (YYA) feel respected, valued, and trusted. We believe this is important to preventing and ending youth homelessness because when youth are supported on their chosen pathway, and in their development they will become contributing members of society. This will be integrated in all programs with the additional recognition that youth have the inherent ability to lead, learn, make decisions and should be supported both personally and professionally to implement their ideas in their own lives and in their communities.

Trauma-Informed Care

The CoC and all projects will recognize that the experience of homelessness and housing instability is often traumatic, regardless of the quality of/extent of resources. To address the effects of trauma from both disclosed and undisclosed experiences, all projects will provide trauma-informed care to youth and young adults engaged in youth dedicated programs, and all staff will be provided with trauma-informed supervision. To support the implementation of trauma-informed services, the CoC will provide training for staff at all levels involved in providing/supervising homelessness assistance programs in order to continue to integrate trauma-informed principles into every level of service.

Family Engagement

All programs will provide services directly or in collaboration with existing community partners for the development and strengthening of ongoing attachments to biological, chosen family, and/or other positive social relationships. This will be done at the discretion of youth and young adults, as they are being supported to self-identify their

own family and healthy boundaries; understanding they are the experts in their own lives and can define their own family.

Youth Choice

With the understanding that youth are the experts in their own lives, all programs will provide supports that are individualized and driven by the youth's identified goals/needs. All programs will support youth on their chosen pathway while incorporating their needs, being respectful of individuals' rights to self determination, and being voluntary. This approach allows youth and young adults to make choices/decisions in a controlled environment, where they have the support of staff if assistance is needed. This supports learning and self-sufficiency, which supports youth as they move into adulthood.

Social and Community Integration

All programs will offer meaningful opportunities for community involvement, engagement and leadership for youth, including access to community-based activities, neighborhood events, and volunteer opportunities. This is grounded in the CoC's desire to support youth personally and professionally as they transition into adulthood. All programs will value youth's expertise, autonomy, and journey towards self-sufficiency as they integrate meaningfully into society/their community. The purpose of these types of connections is so youth feel connected and supported by natural, chosen, and healthy individuals as they transition out of programs.

Coordinated Entry

All programs will be required to utilize the CoC's Coordinated Entry (CE) System to link all youth experiencing homelessness to housing/services solutions that are tailored to their needs. The Sacramento CoC is currently engaged in a Coordinated Entry redesign effort, which includes planning around increasing access to youth and modifications to ensure the system incorporates youth-specific needs. CE will meet youth where they are and swiftly assist them to accessing housing and other resources/services. Additionally, the CE redesign will lead to data quality improvements and data-driven planning to identify systems-level gaps in resources.

Unsheltered Homelessness

Addressing unsheltered youth homelessness requires a comprehensive and compassionate approach. First and foremost, we must prioritize immediate access to safe and stable housing options for unsheltered youth, ensuring that they have a place to call home. This should be accompanied by targeted outreach efforts to identify and engage with unsheltered youth, offering support and connecting them to essential services such as healthcare, mental health resources, education, employment opportunities, and other youth identified resources. Collaborating with community organizations, government agencies, and service providers is crucial to create a coordinated response that addresses the unique needs of unsheltered youth. Additionally, efforts should focus on prevention strategies, including early intervention and family support, to prevent youth from becoming unsheltered in the first place. By adopting a holistic and youth-centered approach, we can make significant strides in addressing unsheltered youth homelessness and ensuring that every young person has a safe and supportive environment.

U.S. Interagency Council on Homelessness (USICH) Youth Framework and the Four Core Outcomes.

USICH coordinates the federal response to homelessness and creating a national partnership at every level of government and with the private sector to reduce and end homelessness. The coordinated community plan must demonstrate a commitment to the principles of the USICH Youth Framework to End Youth Homelessness published in 2012 and to its four core outcomes:

- Stable housing includes a safe and reliable place to call home;
- Permanent connections include ongoing attachments to families, communities, schools, and other positive social networks;
- Education/employment includes high performance in and completion of educational and training activities, especially for younger youth, and starting and maintaining adequate and stable employment, particularly for older youth; and

- Social-emotional well-being includes the development of key competencies, attitudes, and behaviors that equip a young person to succeed across multiple domains of daily life, including school, work, relationships, and community.

